

## Platonic Surrealism as a Cosmic Swiss Army Knife

### Why this is Important

Platonic Surrealism is often described as a “**cosmic Swiss army knife**”—a metaphor that captures its **versatility, modularity, and adaptability** across a wide range of human experiences. This is done to represent its **down-to-earth practicality**, especially in contrast to more esoteric framings.

This metaphor emphasizes that PS is not a rigid doctrine but a **toolkit** of practices and conceptual models that can be selected and applied based on the user's needs, stability, and spiritual orientation. Whether someone seeks gentle relief, creative inspiration, or deep metaphysical transformation, PS offers a tiered set of tools—each with its own depth and potential side effects.

The “Swiss army knife” framing also supports the idea that **different people require different tools**, and that **discernment and care** are essential when recommending practices, especially those in Tier 3.

### Recommended Practice Tiers by Audience Category

#### Tier 1 Only — Gentle Practices for Beginners or Non-Spiritual Individuals

##### Recommended for:

- Non or Lightly Spiritual Individuals Seeking Relief or Strength
- Scientists and Rational Thinkers Seeking Beyond Materialism
- Technologists
- Educators

##### Practices:

- One Breath Eye Tracing Practice
- 10,000-Foot-Tall Ego Practice
- Nonverbal Socratic Dialogue Practice

*Side Effects:* None to minimal. Safe for all. Ideal for grounding, clarity, and gentle self-awareness.

**● Tier 1 + Tier 2 — Moderate Practices for Stable Seekers and Creatives**

**Recommended for:**

- Spiritual Seekers and Contemplatives
- Artists and Creatives
- Therapists
- Healers and Energy Workers
- Philosophers

**Practices:**

- All Tier 1 Practices
- Unbounded Star Practice

*Side Effects:* Mild uneasiness with dishonesty or unkindness, emergence of deeper identity. Suitable for those comfortable with introspection and mild transformation.

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**● All Tiers — Deep Practices for Stable, Experienced, or Crisis-Ready Individuals**

**Recommended for:**

- Spiritual Seekers in Crisis
- Experiencers of Energetic or Entity Disturbances
- UFO CE-5 Practitioners
- Kundalini Yoga Practitioners
- Spiritual Teachers

**Practices:**

- All Tier 1 and Tier 2 Practices
- Dream Substance Sensitivity Practice
- Liquid Heart Practice
- Hurt Child Hugging Practice
- Interface Ack

## Platonic Surrealism as a Cosmic Swiss Army Knife

- The Art of Becoming
- Aplomb

*Side Effects:* Serious spiritual transformation, personality shifts, dark nights of the soul, changes in relationships/career, temporary increase in synchronicities or Fortean phenomena. Recommended only for those with strong grounding and support systems.

Kevin Cann  
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