The Ego of the left-brain hemisphere, the regular 'persona, cultural-conditioned sense of self, has all these desires, based on its survival' and on its games that it plays with itself.

There comes a point for many, where it wants to be 'more than itself' so that it can know peace and stability.

(you feel spiritual hunger, the hunger for transcendence)

So when it learns about 'spiritual games' it tries to 'win them'.

You can't 'win spiritual games', as by their very nature you are intended to 'lose them'.

You lose them, by surrendering to your wiser and larger 'self'.

You don't surrender to 'God' which is just a societal concept,

you surrender to your own 'larger and wiser self'.

Then you find yourself with a new, larger ego, a new, larger, more stable sense of self.

Really, there are parallels to this in mystic Christianity and many mystical variants.

Now PS of all the systems of the world 'cheats' and makes the impossible much more easily possible.

Other systems try to 'slay the separate self'.

You can' do it.

You can't pull out your own human heart, with your human hands.

And you shouldn't.

That regular human ego, that regular human heart, they have PURPOSES.

It's just not their place to be the 'king on the throne', in a fractured way.

10,000 Foot tall ego practice trains you to put AWARENESS on the throne of the ego, and you don't attack the 'human ego'.

The 'human ego' ALWAYS WAS the 10,000 foot ego in hiding.

With this, you just acknowledge your true nature.

and the instability of relying on an isolated, largely societally-colored, and fragile 'sense of self' is over.

After your sense of self becomes more whole, you may or may not have 'transcendent spiritual experiences'.

But you must not 'chase after them'.

If you 'chase after them', you are saying "What I am is not enough'.

CONSCOUSLY being AWARENESS is 'not enough', I have to look in the worlds of deception for something better.

If you do this, you MAY attract 'hungry ghosts' "archetypical fragments looking to live through you."

But is this worth it?

The 'larger self' that you become will include you in its larger life, sometimes, if you don't go all greedy and grasping for it.

Usually.

Or maybe it's your self-assigned lesson to live as AWARENESS, to KNOW IT, TO BE IT, but to live an otherwise peaceful, stable and unremarkable life in any mystical sense. The SPLENDOR of being whole must be sufficient, or you never became Whole at all.

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