

Nonverbal Socratic Dialogue Practice

One of the best things that you can do?

"Nonverbal Socratic Dialogue".

Just cram all the interesting stuff you experience, all the puzzling and mystical stuff you don't understand, cannot understand, will never understand (with a limited mind),

and cram it into your unconscious mind, your feeling mind, your 'big picture mind',

and let it 'process' (do 'Socratic Dialogue' with itself)

Do this:

1) Intend it nonverbally. (it's a practicable skill)

2) Just don't think about 'it' (all the stuff) with 'words'. When the desire comes up to think about it in words, just DON'T.

Use your intent/will nudge it back into the 'golden cauldron of your real self'.

It will roll around in you, start appearing in your dreams, start manifesting things... yes it will... synchronicities too...

you will in effect be creating 'pseudo-pre-poltergeists' who are 'collating all that info inside of you', but you don't 'let it out' as once you 'define something', you 'destroy it'; you make it limited, you put it in chains and dress it up with dead and useless words, that imprison you.

Now, if you get 'good' at the nonverbal Socratic dialogue it can make some really pretty 'turds' or 'golden handcuffs' or 'fingers' that actually ARE useful.

It also surfaces the 'unconscious mind' and makes it more 'conscious'.

In a controlled manner.

It also with the other practices can make you STRONG, and no longer a victim, of the 'world' of 'yourself' or even 'other worlds' or 'beings'.

We rarely talk about 'true', we talk about useful, useful in terms of waking up your sleeping potential and the powerhouse inside you that is your nonverbal self.

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I did this practice for 60 years. I still do it, but not so much anymore, I can rarely find anything that hasn't already 'processed'.

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4/7/2025