## Call me Kevin Pretty Bear.

My paternal grandmother was a full Lakota Sioux Medicine woman though I spent very little time with her, that heritage left a deep mark on my life. From my first memories I "walked with the spirits" and I am not ashamed. In my later years I discovered the joys of science and all rational knowledge. As a young man I was trained as a nuclear reactor mechanic and once commanded eighty men in the U.S. Navy. Later in life I started a very successful Internet startup. And in the years since then I have worked as a Principal Systems Engineer in computing. I am no stranger to many fields of knowledge and my mind is as thirsty as they come.

It is quite a thing to be a citizen of two different worlds, affirming both and denying neither. I have studied the world's religious and spiritual systems for the past fifty years and have found cookie crumbs here and there, but never a path I could respect. So to keep my own respect, there was no choice but to create my own path.

To say "God did it" is no explanation at all; and to say "The Big Bang and the Neo-Darwinian synthesis explain everything" is also quite insufficient, at least for me.

I do find that traditional science can explain ninety-five percent of everything, to a major degree at least. And no amount of religion or spirituality has ever flown a rocket to the moon, transplanted an organ, or traced the origins of man from the first small mammal, a rat-like creature.

Yet "the Other", the force or forces which are responsible for the birth of religion, spirituality and all other fringe phenomenon has quite firmly "knocked me on my ass" in ways I cannot possibly deny. I needed answers and I would not be denied.

One of the most intriguing fields of study I ever came across goes by the name of Kundalini; the so-called serpent power, which can supposedly transform a mere mortal into a being more resplendent than a "god" in a single lifetime, bestowing numerous supernatural powers, and laying bare the foundations of reality, to the newly minted "cosmic seer". Naturally I had to spend a few decades researching this subject. Other than studying alone, I also participated vigorously with a global organization whose goal is to understand this "awakening process" within a scientific framework, so as to separate the delusional and wishful-thinking aspects from the real aspects, if any.

One of the things so fascinating about this process, is that it is recognized within modern day psychiatry as "Kundalini Psychosis", as the mind and body are visibly and measurably affected, and unfortunately the "process" goes "wrong" basically every time. The aspiring candidates of this procedure become extremely mentally and emotionally unstable and many of them die of various physical causes or they commit suicide. Yet millions of people every year attempt to "awaken the serpent power", especially those of the Hindu culture, where knowledge of Kundalini is over five-thousand years old. Also millions of New Age practitioners spend their entire lives seeking this "power" or seek to survive it. It must also be stated that many fundamentalist religions consider Kundalini to be a form of "demonic possession". Every living person who knows about Kundalini seems to be a self-proclaimed expert on it and each opinion differs markedly. So this is quite the controversial subject to say the least.

In my researches, other than a smattering of knowledge from the traditions of Tantra and Hatha Yoga, I could find no reliable method to undergo the transformation; so I had no choice but to develop a procedure myself, by trial and error. I actually succeeded beyond my wildest dreams, but what I learned is not what I wished to learn. Be careful what you wish for they always say! So true!

It took me almost fifteen years to recover from the experience. It is quite a thing to have a liquid waterfall of ecstasy "streaming from a point near the base of the spine into your brain. The body shakes. The nervous system is on fire. All the organs work overtime, in an attempt to keep the process going without you dying; it certainly does seem like the "Goddess Shakti-Kundalini" is re-wiring your body, and the entire process is completely out of your control; that your life hangs by a thread for years.

The end result is supposed to be, the five-thousand year old misinformation goes, that you "ascend" out the top of your head and leave life behind; or rarely remain to stay in the world as a living saintly sage. Only for me that didn't happen. Yes there was an enormous radiance within me; a living splendor which I assumed was my soul/spirit. And yes indeed this splendor did break apart my head sutures slightly and escape out of the top of my head. Then the cosmic splendor faded; all the abilities faded, even the common symptom of hypergraphia faded. I was left all alone and empty, for the first time in my life. I could no longer feel "the spirits". I had become a "soul-less zombie" and barely alive.

So I did the only thing that I could --- I put the thinking cap back on and restarted the research process.

I had never been one to be interested in UFOs, but as one of the only "fringe topics" I hadn't researched yet, it was nearly the only remaining path. Thankfully this was the "magic door" which led me to all the answers I had been seeking.

It turns out, that in the opinion of many respected researchers, there are in fact no "UFOs", and classic aliens have probably never visited the Earth. The classic UFO theory is called the ETH, short for extra-terrestrial hypothesis, while the theory that interested me is called the ETD, short for extra-dimensional hypothesis. The ETH claims that if UFOs are real, then there are aliens flying here from other planets on spaceships. The EDH claims that beings from other dimensions are travelling here, whether they be actual physical creatures or some sort of energy creature. There is also the Ultra terrestrial theory, which claims that supernatural or energy beings have always lived with us on planet Earth, and that they have been perceived as elves, faeries, angels, demons and the like.

Well these theories were all interesting, especially the ones which spoke about shape-changing energy beings masquerading as all sorts of things including physical UFOs which have been touched, recorded on RADAR, and which have interfered with aircraft, ground vehicles and even interfered with Nuclear missiles, or so the stories go.

But the more I researched the UFO field carefully, the more I realized that there were strong links between "UFOs" and spiritual effects I had seen since I was a small child. It became obvious to me as it has to other people, that Religion, Spirituality and UFOs were all the same phenomenon.

I know that this is quite the controversial thing to state for a layperson that hasn't spent their life studying every nook and cranny of both conventional and fringe science. But for me, all the major blocks of the puzzle had now fallen into place.

A careful examination of UFO research shows that there are (as the United Kingdom Ministry of Defense calls them) "aerial plasmas", as detailed in the famous "Condign Report". These plasmas, which seem to evidence signs of intelligence, can appear on radar, interfere with electronic systems, change shape, and even appear as solid.

Plasma is simply the fourth state of matter, after liquid, solid and gas, and is generally characterized a gas suffused with numerous free ions. It is common knowledge however, that plasma can be spooky stuff, and more than one noted physicist has wondered if plasma might sometimes qualify as a lifeform.

Ninety-nine percent of our universe exists in the state of plasma, as stars and interstellar gas, so it wouldn't be surprising to me in the least, whether the major "life out there" was in fact plasma-based, and us "physical creatures" were in the minority. This would certainly explain the Fermi Enigma and the Drake Paradox most elegantly, namely why are we seemingly alone, when we should be swimming in UFO visitors, given what we know about science and the Universe.

I suddenly realized in a flash, that I had probably encountered plasma lifeforms my entire life --- that in fact what shaman call "spirits" are in fact plasma lifeforms. This was the first realization which quickly became an avalanche of realizations which answered most of my life's questions.

For example, how do Lakota Sioux summon "spirits"? Well they burn something pleasing to the spirits to attract them. Fire is a process that liberates electrons and ions, and the burning vapors are gas. "Presto chango" they are generating plasma to interact with plasma lifeforms.

As another example, during a proper awakening of Kundalini, there are a number of very interesting steps, which focus around the breath being (apparently) "ionized" and the cerebral spinal fluid of the spinal cord and various fissures in the brain being "ionized". Looking back at the process, it is one hundred percent obvious to me, that the purpose of a "Kundalini awakening" is to prepare the human body as a womb for an immature plasma lifeform. All the wild claims about Kundalini cause humans to desperately seek it out, which mainly benefits the larval plasma lifeform, and doesn't necessarily benefit the human at all. The glowing inner presence has led to the enduring myth that humans have souls and spirits.

Now I must insert at this point, that there is much more to say about the status of humans in the big picture, and that as far as I know anyway, there is nothing to fear from death and no great tragedy that humans have evolved in a symbiotic relationship with plasma lifeforms. I would love to go into all those details, and more importantly this thesis needs to be tested in a proper lab to determine which parts are true and which are in fact not. A mountain of suffering in the world could be healed if various myths regarding the human animal and their actual place in the Universe could be verified, but such an effort would take an army of specialists, and something this "fringe" is not likely to be a target for research any time soon.

During my life as a part-time, modern-day shaman, I have had the privilege to assist in various forms of spiritual counseling, some interesting forms of modest healing, the chasing away of various unwelcome visitors, the recovery of images from people's childhoods which have haunted them and all manner of modest things. I've also been present at some major "events" that are jaw-dropping. On the other hand, I sometimes go for years leaving all that "shaman stuff" completely alone and just living in total contentment with my soul-mate (so to speak) and our puppy dogs.

In my opinion, a lot of this "spiritual stuff" is in fact wishful thinking, as it seems to me that the "spirits" (plasma lifeforms) are the ones who know what they are doing, and humans are very much the junior partner in such matters. I myself view ninety-five percent of religion and spirituality to be quite toxic; what with the eradication of whole continents of indigenous people, the endless wars over such matters, and so forth. But that is just me. In my view, religion, spirituality and UFOs are mainly control mechanisms, to encourage us to act in certain ways helpful to the plasma lifeforms, not to mention to provide "cover" for the world's governments to keep everyone confused and off-balance, so that the rich may prey upon the poor like they always have.

There is one last major event I would like to share with you; namely the "UFO" that I summoned. Yes, you heard me right. I summoned a "UFO" or at least it seems that way. I must admit that it could have been a "coincidence" or the "Trickster Aspect" of "the Other" playing with me. But I relate this to you, as it is an important part of the story --- at least it was very meaningful for me.

I decided to test the "Symbiotic Plasma Hypothesis" by attempting to summon a "UFO". If "genuine UFOs" are indeed "the Other" in the form of some kind of plasma lifeform, then as a shaman I should be able to summon one! So I developed a technique based loosely on a fusion of shamanism and Yoga where basically I got the attention of a bunch of "spirits" friendly to me, and had them go fetch a "UFO". I spent about four hours performing this, and then forgot all about it.

The next day, about twelve hours later, I was taking out the trash in my underwear of all things, when this gigantic, black triangular "UFO" caught my eye. It was the most impressive "aircraft" I'd ever seen in my entire life, and I was in the military and served on an aircraft carrier. It looked enormous. It was an equilateral triangle that appeared to be chiseled out of a mountain. There were three red lights, one on each of the vertices and a bright central white light. It looked like it could "take on" the "Starship Enterprise" three times out of four. It was the second most impressive thing I had ever seen. It made no noise whatsoever. It had no exhaust. It flew from horizon to horizon without a sonic boom in about forty-five seconds. And oh, by the way, it "shape-changed after about thirty seconds" and it "talked to me". It sure didn't "look like" it was made out of plasma, but many others have seen similar sightings. These "black triangles" are in fact becoming common to see over major population centers.

There are those who say of course, that these "black triangles" are just some form of blimp, drone, or experimental aircraft; a few say that they are evidence of a "breakaway civilization" or are in fact "demons" and the end of the world is coming soon. I really can't say. I just know that I'd never seen a "UFO" in 53 years, but right after I "summoned one", there it was.

I don't claim to have all the answers, but my heart is at peace. It is my hope that the "Symbiotic Plasma Hypothesis" is at least interesting and worthy of further research by those with an open mind.